

STRIDES for HUNGER

A BENEFIT FOR THE
GENOA FOOD PANTRY

10.23.11



<p>Race Course This course is great for the first time 5k runner and for anyone who is looking to get their personal best time! The course starts at Genoa-Kingston High School and will run through a nearby neighborhood. You will feel like a star as you finish on the track.</p> <p>Chip Timing No matter where you start at the line, this race will get your accurate time, with great technology provided by It's Race Time.</p>	<p>Awards</p> <ul style="list-style-type: none"> • Overall male and female will be eliminated from their respective age group • 3 awards per age per gender • Complimentary medal for all 5k finishers <p>Age groups:</p> <p>10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60+</p>
<p>Proceeds Money raised will benefit the Genoa Food Pantry. Within the last few years the food pantry has been servicing around 100 families. Within the last year the number has grown to</p>	<p>Complimentaries Each registered participant will receive the following....</p> <ul style="list-style-type: none"> • Short sleeve T-shirt • Goodie bag and awards
<p>How to Enter</p> <p>Mail thru 10/15 via registration from brochure</p> <p>Online thru 10/19 at It's Race Time, Inc.</p> <p>http://register.itsracetime.com/Register/?event=5084</p> <p>On Race Day on 10/23, 7:30-8:30 a.m</p>	<p>Make Checks Payable to:</p> <p>"Strides for Hunger"</p> <p>941 W. Main Street Genoa, IL 60135</p> <p>5K runners: \$25</p> <p>3k walkers: \$15</p>

Last Name

First Name

MI

Street Address

City

State

Zip Code

Shirt Size: Circle

Age on Race Day

S M L XL XXL

I know by walking/running the road race could be a potentially hazardous activity. I know that I should not enter a run/walk unless I am medically able or properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all responsibility of the risks while participating in the event even with police protection provided; I also assume the risks of running in traffic. Having read this waiver, I understand that I, for myself will not be refunded the entry fee if forgo participating in the race. I, myself and anyone entitled to act on my behalf wave and release the Strides for Hunger and all committees of the race from all claims and liabilities arise out of my participation in this race. I also grant permission forgoing the use any photographs, recording or any other record for legitimate purpose.

Signature Participant (Guardian if under 18)